

Suggested Reading for Passion: The Classics

Constructing the Sexual Crucible: An Integration of Sexual and Marital Therapy by David Schnarch, PhD (1991)

Passionate Marriage: Keeping Love and Intimacy Alive in Committed Relationships by David Schnarch, PhD (2009)

Intimacy and Desire: Awaken the Passion in Your Relationship by David Schnarch, PhD (2011)

The Art and Science of Lovemaking -Videos by John Gottman, PhD
check out their website <http://gottsex.com/>

Hot Monogamy: Essential Steps to More Passionate, Intimate Lovemaking by Pat Love and Jo Robinson (1995)

Mating in Captivity: Unlocking Erotic Intelligence by Esther Perel (2007)

Top Notch Couples: The First Five Skills by Don Boice (2010)

The Return of Desire: A Guide to Rediscovering Your Sexual Passion By Gina Ogden (2008)

Mars and Venus in the Bedroom: A Guide to Lasting Romance and Passion by John Gray (2001)

Let's start with the classics, because sexuality is sexuality, not technology. If you understand your body, your mind, your psyche- your passion will be excellent.

If you are also interested in sacred sexuality (a few self-paced, self-guided retreats via workbooks) please let me know. Intimacy is often overlooked by the couples that come see me. Let's see if we can get you talking about passion and acting on it, as well. 585.544.5342