

# Counseling Process Improvement Survey

**Why?** I am obsessed with improving the quality and the value that I provide. If there are things that I'm not doing, that you need, please let me know. Need less or more of something, please let me know. It might help me help you or help other people.

When you have ideas for me to improve the process, the services I provide, in any way, please let me know.

Before next session, can I ask you two to talk about, "Are you getting your money's worth from counseling?"

Are you getting your money's worth?

Yes       No      (If No, what would it take to get your money's worth?)

What could we or the counselor change to make it even more valuable?

Do you feel supported/cared for by Don?  Yes  No

How is the frequency of the sessions?  Excellent  Need More  Need Less  Other

How is the content of the sessions? (What needs to change?)

Are we learning, in the office (and practicing at home) the skills we need? If not, which skills do you need, that we have not yet addressed?

How will we know we are done with this phase of counseling?

Have you read the articles and the blog on [www.boicecounseling.com](http://www.boicecounseling.com)?  Yes  No

I do offer a fair amount of support in between sessions, if needed. Please ask. I offer lots of information and resources and referrals on my website, YouTube, and in my blog. If you find that type of information valuable, please let me know.

Moving forward, would you like a weekly email reminder, or update or prompt, to keep you on a good path?

I appreciate you helping me improve- thank you.

Is there something else that you would like from counseling that you're not getting?